



Dr. Ayesha Das

What is your area of interest in Public Health Dentistry?

My preferred area of interest is School Oral Health Services. School oral health services play a critical role in promoting the well-being of children by addressing their dental health needs at an early age. This includes regular dental screenings, treatments, and robust education programs that instill the importance of good oral hygiene habits. These services, often integrated into the school setting, provide accessible and proactive dental care, helping to identify and treat oral health issues before they become significant problems. By fostering a culture of preventive care, school oral health services ensure that children are set on a path toward lifelong dental health, ultimately contributing to their overall physical health, academic performance, and self-confidence.

Why is school oral health services your area of interest?

My fascination with school oral health services truly stems from my deep-seated belief that healthy children are the foundation of a healthy society. The opportunity to cultivate a healthier, brighter future by nurturing the oral health of our youngest generations is an immensely rewarding endeavor. Educating children about the importance of oral hygiene not only positively impacts their immediate health but also sets them on a path towards lifelong wellness. The spark I see in their eyes when they understand why and how to take care of their teeth—that is what drives my passion for this field.

How did you get interested in this area?

My journey to this area of interest started with my personal experiences growing up. I vividly recall seeing schoolmates struggle with oral health issues, often left untreated due to ignorance or lack of resources. These early impressions left a significant impact on me, compelling me to learn more about dental health. As I delved deeper, I was dismayed to find how widespread and under-addressed this issue was. This realization galvanized my commitment to advocate for school oral health services. Through my efforts, I hope to



pave the way for generations of children to grow up with better oral health and, consequently, overall wellbeing.



What do you intend to do in this area of interest?

My vision for this field is to make a lasting impact by organizing dental screening camps, providing treatments, and imparting dental health education at a foundational level. I aim to bring the benefits of good oral hygiene to every child's doorstep, fostering a culture of preventive dental care. I have also adopted schools in villages and this project is particularly close to my heart, as it allows me to form long-term relationships with schools and communities, allowing for ongoing oral health support. By integrating these services into their daily routines, we can empower children to become custodians of their own oral health.